## INSTRUCTIONS FOR STOOL COLLECTION

Using Para-Pak Plus Collection Kit

**IMPORTANT:** Please read and follow all instructions.

*CAUTION:* The vial(s) supplied with the stool cup(s) for specimen collection contains liquid preservatives. This liquid is considered a poison. Do not ingest and keep out of the reach of children.

- 1. Collect the stool specimen in the stool container provided.
  - A. Open a vial containing preservative.
  - B. Using the collection spoon built into the lid of the vial, place small scoops of stool from areas which appear bloody, slimy or watery (if any) into the vial until the contents rise to the red line.
  - C. If the stool is formed (hard), try to collect small samples from each end and the middle.
  - D. Mix the contents of the vial with the spoon, then twist the cap closed tightly and shake vigorously until the contents are well mixed.
  - E. Repeat this process for each vial in the set.
  - F. Check vial(s) to ensure all caps are tightly closed.
  - G. Label the vial with; your name, sponsor's SSN, and date of collection.
  - H. If this sentence is circled; bring the entire stool sample (in the cardboard collection cup) back to the laboratory within 30 minutes of collection.
- 2. After collection, wash you hands thoroughly. If any liquid from the vial(s) gets on your skin or in your eyes, flush with copious amounts of running water. If irritation develops, consult your physician.
- 3. Return the collected specimen to the clinical laboratory as soon as possible or on the next duty day if collected on a weekend. The specimens should be kept at room temperature until you are able to bring them to the laboratory.
- 4. Specimens may be dropped off Monday through Friday 0730 1630. If you have any questions, please contact the Laboratory at 630-4408.

**ANTIDOTE IF PRESERVATIVE IS SWALLOWED:** Dilute by drinking 2 - 4 glasses of water. Immediately contact the USNH-O Emergency Room (643-7432) to receive medical attention.